

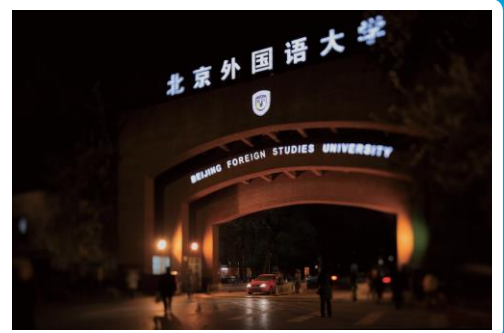
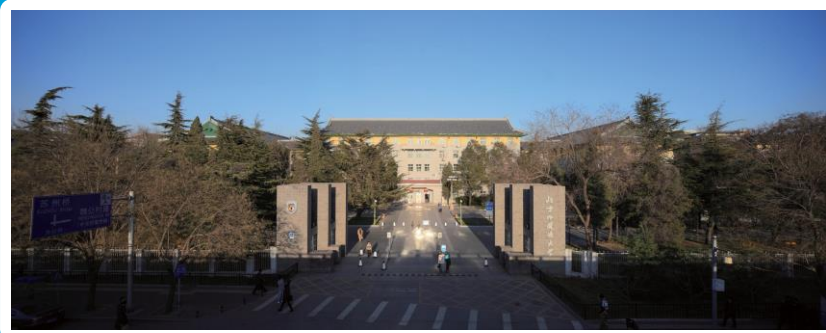


北京外国语大学

BEIJING FOREIGN STUDIES UNIVERSITY



Overseas Student Handbook



living in Beijing

1. Visa issues

To study in BFSU you must own a student visa X1 or X2. If not, after your arrival in the university you must go to the Overseas Student Affairs Office of BFSU, they will help you to apply for the relevant visa. The visa fee depends on your length of stay. With X1 you can stay more than 180 days, while with X2 you cannot.

If you hold X1 visa, you need to have a physical examination as soon as possible. The Overseas Student Affairs Office organizes, during 2 days, 2 trips to the clinic. You can also go by yourself at the address given in the following picture, please bring 400 yuan cash, your passport, two two-inch color photos, JW202 form and your admission notice (original and its copy)

If you have done a physical examination in your country, please bring all documents (original) to the clinic above for verification.

After you receive the physical examination report, go to the Overseas Student Affairs Office to apply for your Study Residence Permit as soon as possible.

If you hold X2 visa and will only study for one term, the physical examination is not required.

2. Weather approximate temperature and precipitation

Overall: Four distinct seasons, summer has high temperature and is rainy, on the opposite winter is cold and dry, spring and autumn are short.

- Spring: Average temperature -6°C/3°C up to 13°C/26°C with a total of 46mm of precipitation, in average it rains 12 days.
- Summer: Average temperature 17°C/18°C up to 28°C/31°C with a total of 124mm of precipitation, in average it rains 12 days.
- Autumn: Average temperature -6°C/15°C up to 25°C/26°C with a total of 93mm of precipitation, in average it rains 10 days.
- Winter: Average temperature -16°C/-1°C up to 8°C/14°C with a total of 21mm of precipitation, in average it rains 6 days.

3. Transportation

•Subway.

Beijing subway is practical, safe and cheap - 3 to 9 RMB fee based on distance. Open from 5am to 11pm, you will find the closest subway station WeiGongCun / 魏公村 line 4 at 15 minutes' walk from East gate East campus.

•bus

The bus services in Beijing are numerous, and cheaper than the subway. 2rmb for the first 10 km then add 1RMB for each additional 5km. The main inconvenient of bus is the omnipresent traffic jam inside the capital city

•Taxi

Certified taxi in Beijing – dark blue and yellow - cost a minimum of 14RMB for the first 3km, then increase by 2.3RMB per km. The rate sharply increase after 11pm. always require the taxi driver to use the distance counter to price your journey. Do not negotiate the price orally, Oral negotiation tend to be in disadvantage for the user as the price is ridiculously pumped up, you can also bargain as a solution. At the end of the journey you can ask for a receipt the receipt contain the taxi driver contact information and car' s plate, useful in case of forgotten belonging, or other problem.

•Bike

You can buy your own bike as Beijing is a bicycle friendly city. A bike cost from 200 to 1000 RMB, don' t forgot to invest in a solid lock. Beijing also propose a lot of shared bike service through diverse app. Such as Mobike or Ofo, it require a deposit of 100RMB, and cost in average 1RMB for 30 min. Those bike are abundant in Beijing but also in many other cities.

•Usefull APP

oAMap/Baidu Map, the Chinese equivalent of Google map that do not require VPN.

oDiDi, DaChe, an equivalent of Uber, also available in the WeChat "wallet"

oOfo & Mobike: Shared bike application available in Beijing and other city of China

•Elec**🚲**bike

Electric bike are prohibited to enter into the campus, and the battery cannot be recharged in your dormitory. The university discourage the student to use them as the risk of accident and deadly accident while using electric bike increase sharply. If you are still willing to buy one price are from 700 to 1500 RMB they can be parked in front of the school gates, remember to buy a solid lock to avoid theft

•Fake taxi

Also called HeiChe, they often ask people for a ride for an expensive rate that can be bargained, they are recognisable by the little vertical red light on the rear-view. They are dangerous as if something happen to someone it' s impossible to trace the journey and find the driver.



4. Medical care

General information, the Chinese hospital will ask you to pay upfront with cash, bring your passport. Except the school hospital of BFSU, when you enter the hospital you must arrive very early, 6am, queue to take the appointment and pay 50RMB cash for it. Then go to the department you are looking for and pay for the service needed with cash. Going to hospital in China is time consuming. Plan a full day off in order to go there even for minor problem. International hospitals are a solution to this problem but are expensive.

(1) Entrance insurance[important]:

All foreign students studying in China for one semester or longer need to buy an insurance which costs 400 yuan a semester and 800 yuan a year. You can buy it during the registration. You need to be clear about the insurance policy before you pay for any medical treatment.

(2) School Hospital:

Location: behind Building No.6(liuhaolou), west campus. TEL: 88816979

Clinical Department: General, Surgery, TCM, gynaecology, stomatology, ophthalmology

Auxiliary departments: Radiology, electrocardiogram, B-ultrasound, physiotherapy room, laboratory

[The following content serves as a reference. Please consult the school hospital for the latest one.]

Required documents for reimbursement are:

1. Proof of referral to the hospital (or referral Certificate of the hospital);
- 2, medical expenses receipts;
- 3, the drug charge (when prescribing) prescription;
- 4, the details of medical expenses (with the cost identification);
- 5, emergency medical treatment must have an emergency diagnosis certificate, no emergency diagnosis certificate is not reimbursed;

Reimbursement Period: Reimbursement is based on the receipt of medical fees within 2 months, and the deadline for all reimbursement documents for the current year is January 10.

Nearby hospitals:

Haidian Hospital: Near Renmin University, located in Haidian Huangzhuang subway station. 3 kilometers away from BFSU. TEL: 82619999

Peking University People's Hospital: Located at Xizhimen, near the destination of bus 634. TEL: 88326666

Third affiliated Hospital of Peking University Medical College: Located at No. 49, Huayuan North Road, Haidian District. TEL: 6201-7691. Emergency: 6275-1919

Xie He Hospital: located in No. 1 Shuaifuyuan, Dongcheng District. TEL: 6529-5812

Beijing hospital: Located in No. 1, Dahua Road, Dongcheng District. TEL: 6513-2266

China-Japan friendship hospital: located in yinghua east road, North exit, Heping street.
TEL: 6422-1122 or 6422-2969.

Beijing friendship hospital: located at No.95, yongan road, Xicheng district. TEL: 6301-4411

Beijing tongren hospital: located at No. 2, Chongwenmen inner street. TEL: (010)58266699
Medical emergency: 120 or 999

5. Communication

★ Mobile phone

Buying a cell phone can be expensive but is definitely worth it if you are here for a semester, a year or longer. The main cell phone brands we use here are Huawei, Apple, Xiaomi and Samsung. Prices are different for different kinds of phones.

Make sure to buy a mobile phone from an official shop! You can choose to go to malls where they have official stores to sell phones, or the official shop online. But DON'T go to street stalls. They might sell them for a cheaper price, but the quality and after-sell service is not reliable.

If the mobile phone brought from your home is compatible with Chinese service providers, there is no need to buy a mobile phone. The only thing you need is a SIM card.

★ SIM card

To use the mobile phone for calling and texting message, you need a SIM card. You can go to China Mobile, China Telecom or China Unicom service offices (Yingyeting) to get one. These places are also the ones you need to go when you have problem on charging your SIM card or mobile data. You can also get a SIM card at the registration place on the registration days.

Chinese mobile phone numbers have 11 digits, and landlines have 8 digits. The country code for Chinese phone number is +86.

★ Social media

Wechat is the most frequently used social media in China. It has functions of texting, sending stickers, voice and video calls, payment etc. You can also use it to top up your phone, call a taxi, order food, ride share bicycles, buy train and air tickets et. Chinese people also use QQ and Weibo for communication.

★ VPN

The BFSU Wifi can help you to access to Google, Facebook, Youtube and Instagram, but only outside of dormitories. If you want fast and free VPN, there are Psiphone VPN, Turbo VPN for recommendation.

6.Payment

● Wechat

By connect your bank card to wechat wallet, you can use wechat to pay by either scanning the payment QR code provided by shops or showing them your payment code. It depends on the shops.

● Alipay

The same payment process as wechat pay. Usually the shops provide both wechat pay and Alipay. You need to provide your name, passport number and phone number to get an Alipay account. But the name can be only in Chinese, so most foreign students can't use Alipay.

● Bank

The things to prepare to open a bank account in China as a foreigner:

- Valid passport
- Proof of residence permit (visa)
- An initial opening deposit (some banks accept <100 RMB)
- Student booklet (学生证){required by some banks only}

Nearby Banks and ATMS:

- Industrial and Commercial Bank of China
- China Construction Bank (on west campus)
- Bank of Communications

ATMs on campus:

Cultural Plaza- Industrial and Commercial Bank of China, China Everbright Bank

Canteen- Bank of Beijing

Underground Street- China Construction Bank

Currency

The Chinese currency is called the Chinese Yuan (CNY) or the Renminbi (RMB).The units are yuan, jiao, and fen, where 1 yuan is equal to 10 jiao, and to 100 fen. Local stores and outlets don't accept any other foreign currency other than the CNY. Foreign currency can be exchanged for CNY at banks and airports. A valid ID or passport is needed to exchange foreign currency.

Life in our university or Living in our university

1. Water electricity Wi-Fi

•Water:

It is important to note that tap water in Beijing is unsafe; this is why the dormitories offer large hot water machines.

That aside, you may also rent a water dispenser in exchange of a deposit fee (100 CNY, refundable upon return). The provider is located behind the Bailou dorm building, in the West campus. You can give them a call where you provide the necessary information, and they will get it delivered to your room. Each gallon costs 16 CNY. Contact: 010 8881 6561, or 1381 1 786555.

•Electricity:

Electricity is provided free of charge in dormitory rooms up to a certain limit, however (60 units in East Campus, 40 units in West Campus). In case of excess, you may have to purchase extra units from the reception desk.

•Wi-Fi:

In order to connect to the school Wi-Fi, it is necessary to register at the underground market in the East campus, located by the East gate. For first-time purchase, you will have to pay a total of 100 CNY; 40 CNY for the deposit/registration fee, and 60 CNY for a month of unlimited internet access. The monthly cost is 60 CNY.

Make sure you take your passport and student ID with you!

It is important to add that you may connect a maximum of two devices at once.

It is also possible to obtain a private Wi-Fi connection within the dorm room, for a monthly fee of 120 CNY. The router comes at a cost of 230 CNY, in case you don't have your own.

2. Student cards

Upon registration, students receive a campus card. It is used to purchase food at the canteen and from the on-campus stores. To recharge it, simply access one of the many available card machines on-campus.

To report the loss or malfunctioning of your student card, go to the underground card center. That is where you may handle most issues related to your student card.

3. location of dormitories for overseas students

In order to offer convenience, a better living environment for students from different campuses, as well as opportunities to make friends with people all around the world; BFSU set up 4 different dormitories located in both east and west campus: Guojiao Building, Bailou, Building NO.1 (Yihaolou) and Building NO.6(Luihaolou).

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West campus

Bailou: next to the building for overseas professors, with a tranquil environment

Building NO.6(Luihaolou.): Located on the south side of the school hospital and adjacent to the Western canteen. it is also convenient for shopping, dining and laundry.

East campus

Guojiao Building: near the Western Canteen, printing stores, and a tranquil garden

Building NO.1 (Yihaolou): near the east gate and the architectural style is similar to other dormitories for Chinese students



4.About shopping

Shopping in BFSU:

Set in both east and west campus, there are 5 convenience stores built to meet everyone' s needs

Shopping outside BFSU:

1.Weigongcun

①Wuxing supermarket: Outside the east gate of east campus, the supermarket is on the north. You can find some daily needs in this supermarket.

②Chaoshifa: Outside the east gate of east campus. You can get more kinds of goods there.

2.Zhongguancun: Take No. 944 (or Yuntong Line 109) or take Metro Line 4 to Haidian huangzhuang,

①Xinzhongguan shopping center

②Oumeihui shopping center

3.Xizhimen: take No. 563 or Metro Line 4 to Xizhimen Kade MALL

4.Xidan: take Metro Line 4 to Xidan

Xidan shopping center

Shopping online:

Recommended application



Taobao



Tianmao



Jingdong

Address for shopping online :

Beijing Foreign Studies University, No. 2, in the north road of Xisanhuan, Haidian District, Beijing

Postal Code : 100089

5. INTRODUCTION OF EATING

• MEALS ON CAMPUS

Students have an international assortment of meal options to choose from at one of the campus cafeterias. Regular options include: traditional Chinese cuisine, Middle Eastern cuisine, Japanese and Korean cuisine, and takeaway snacks. Besides, different kinds of coffee, sandwiches, toast, Tiramisu, spaghetti and waffles are optional in the two cafes on campus as well. Moreover, there are some imported snack in the underground supermarket near the east gate on campus.

• Main Dining Hall

The Main Dining Hall is located across Guojiao Building in the East Campus and has four levels with a different cafeteria on each level. Students can choose from Northern and Southern Chinese dishes, Shanxi's style, Korean, Japanese and other international style cuisines. The Middle-Eastern Style Dining Hall is located near the Chinese Library in the East Campus. Initially intended for Middle-Eastern Students, now it has attracted many Chinese and international students.

Meal Times (Main Dining Hall)

Breakfast: 7:00 ~ 8:20 (F1 & F3)

Lunch: 11:00 ~ 12:40 (F1, F2, F3) and 10:30 ~ 13:30 (B1)

Dinner: 17:00 ~ 18:40 (F1, F2, F3) and 16:30 ~ 21:00 (B1)

Meal Times (Middle-Eastern Style Dining Hall)

Breakfast: 7:00 ~ 8:00

Lunch: 11:00 ~ 12:40

Dinner: 17:00 ~ 18:40

• FOOD DELIVERY (waimai)

Another option for eating on campus is getting food delivered to dormitory rooms. There are plenty of food menus from different restaurants available in the reception of dormitory buildings. There are also mobile applications which makes food ordering a lot more convenient. Though they are in Chinese, the user interface is relatively easy to navigate, and most restaurants have user-uploaded pictures of their menu items.

The apps use GPS to find nearby restaurants that offer delivery service. There are a wide range of restaurants to choose from! Register an account, pick what you'd like to devour, pay online and wait for your 'waimai' to arrive.

Recommended applications:



6. INTRODUCTION ABOUT FACILITIES (gym, library, printing store, laundry)

• GYM

The on-campus gymnasium offers a wide range of facilities, including fitness clubs, a swimming pool, table tennis and badminton courts. To purchase the membership, please go to the gymnasium reception and purchase the membership packages.

FITNESS CLUB OPENING TIME:

Monday ~ Friday: 14:00 ~ 22:00

Saturday and Sunday: 10:00 ~ 22:00

BADMINTON COURT OPENS AT 10:00 A.M.

POOL OPENING TIMES:

Monday ~ Friday: 17:30 ~ 19:00 \\ 20:30 ~ 22:00

Saturday and Sunday: 10:00 ~ 11:30 \\ 12:30 ~ 14:00 \\ 15:00 ~ 16:30 \\ 17:30 ~ 19:00 \\ 20:30 ~ 22:00

LIBRARY (OPENING TIME: Monday ~ Sunday: 8:00 ~ 22:00)

The library is in the east campus and students can borrow books from there. By visiting the official website of the school library (lib.bfsu.edu.cn), students can search for the relevant information of books in need and borrow them from the library then make sure to return them in time. Besides, there are always some lectures being held in the library which students are welcomed to attend.

• PRINTING STORE

There are several printing stores; one near the small southern gate in the East campus (behind the main dining hall), and another one behind Guojiaolou (in front of No.8 dormitory). There is also one in the West campus; it is inside the local store, located right next to the Japanese restaurant.

• LAUNDRY

To use the laundry facilities in the dormitory buildings, students can use the Wechat app or purchase a laundry card (or 'xiyika') from the dormitory reception. For first time purchase, the card costs 50CNY which includes a 20CNY deposit and washing machine credits (each wash costs 5CNY)

* There are also several laundry shops in the campus, as seen in the following map.

• PHOTOGRAPHING

There is an underground photograph place in the Student Administration Building where students can print materials as well.

7. INTRODUCTION ABOUT ASSOCIATIONS

Name of Association	Name of directors	Wechat ID
SICA (Students' international communication association)	Zhang Duo	15901092593
Self-improvement society	Tian Wen-xin	twc824469317
BFSU Radio	Du Ke	lalaladk0703
BFSU Admission Promotion Association	Zheng Chun-yue	zcy1435486890
BFSU Debate Club	Gou Xin-ning	gxn640
SandCounty Academy	Lai Jin-ting	18910275496
Zhuobing Hanfu Club	Zheng Nan-ru	zheng1998331
Xinmo Painting and Calligraphy Association	Lin Chong-wei	LCW1104400749
Red Cross	Meng Qi	18385522900
BFSU Couslting Club	Xu Jia-xuan	Email: 13521780353@126.com
Volunteer Club	Fan Zu-wei	15856650249
BFSU Negotiation Team	Gu Xi-yi	Email:gu.xinyi@outlook.com
werewolf Club	Zhong Ao-ran	Email:2903763235@qq.com
The Association of Tai Chi	Heng Ying-jie	yaomingzhenren
BFSU Photography Association	Zhang Ge-rui	stellarhymia
BFSU Alumni	Yu Li-fan	17755657205
BFSU Traditional Chinese Culture Society	Tang Meng-qi	lt0666020030
BFSU MyWing ACG Association	Li Shuang	Email:1303206405@qq.com
Table Tennis Association	Lin Feng-yi	lfy18910280679
Icomic	An Jing	Email:ann_jdys@126.com
BFSU Student Career Development Association	Li Xin-di	18701490732
BFSU Studio of Interpreting Transcultural Media	Huang Yan-ni	Email:847775498@qq.com
BFSU Contemporary Music Club	Meng Meng	M20000513M
Traditional Chinese Opera Association	Li Meng-qi	18811734501
Yanxin Literature Club	Xie Yi-si	Email:731088487@qq.com
Taekwondo Association	Ying Zhong	VeraZhongYing
Psychological Association of BFSU	Deng Yu-han	18801220881
BFSU Film Association	Wei Zi-chun	rucbar123
BFSU Youth Security Association	Li Ming-yang	18811339298
BFSU Model United Nations Association	Yang Chen-hao	18810331882
Maker Club	Zhou Ying	ZY1334756108
BFSU Association of Achieves and History	Pan Zi-xuan	18276390143
Model Union Association	Zhang Xiao	MarcoZHANG1998
Film Club	Wei Zichun	rucbar123

Note: Directors change every year. The contacts above only works for the 2018-2019 academic year.

8. INTRODUCTION ABOUT OFFICE

Overseas Student Affairs Office is located at 201. second floor of student service center, east campus. TEL: 88816549.

Service center of Dormitory is located at the first floor of Bailou. TEL: 88816881

Internet center is located at the basement under No.8 building(8haolou), east campus. TEL: 88816665

9. For more information

For more official information, you can refer to the website lb.bfsu.edu.cn, or scan the following QR code via wechat and follow the official account.



For more information about activities and tips in BFSU, scan the following QR code via wechat and follow the official account of SICAxBFSU. With the help of SICAx, you can enter a wechat group for overseas students, seek language partners, and take part in activities. The overseas student affairs office organizes a gala every December and an international carnival every May. Sign-up information will be posted in SICAxBFSU wechat official account.



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