



# International student Life Handbook





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# Living in Beijing

## 1. Importance of Visa and Passport

International students entering China must hold a passport and apply for an X1 or X2 study visa to study in China (please consult the Chinese Embassy for details). X1 visa holders can stay in China for more than 180 days, while X2 visa holders cannot. In accordance with Chinese laws and regulations, students entering China with an X1 visa must apply for a residence permit within thirty days of entry. Failure to do so will be considered illegal residents and result in a fine of up to 10,000 RMB or even be required to leave the country.

## 2. Physical Examination

Students with X1 visa are required to undergo physical examinations. The Overseas Students Affairs Office has already scheduled appointments for each student. Upon registration, you will be informed of the specific time and location for your examination. Please follow the requirements to take it. Those who have already had a physical examination in their home countries should bring all the original documents to the Health Care Center for verification. Those who have not had a physical examination in their home countries should go to the Health Care Center to have a physical examination. After obtaining the physical examination report, please go to the BFSU Overseas Students Affairs Office to apply for the residence permit for study.

- **Institution:** Haidian Clinic of Beijing International Travel Health Care Center

- **Notes:**

- 1) Fasting is required for physical examination
- 2) Please bring your passport, two 2-inch-colored photos, JW202/JW201 form, original and copy of your admission letter.
- 3) The specific location and time for the physical examination will be subject to SMS notification. Please make an appointment online before going for the examination. Mr. Zhang Bo on the first floor of the Student Service Centre can assist students in making appointments.

**Price (for reference only):**

Residence permit for study: 400 RMB / 6 months, 800 RMB / 12 months, subject to the actual charge by China's Exit-Entry Administration.

Physical examination fee: 0-400 RMB/person, subject to the actual charge by China Health Quarantine Department.

Students with X2 visa and study for one semester do not need physical examination. If there are special circumstances that prevent you from applying for X1 or X2 visa, please contact the BFSU Overseas Students Affairs Office in advance.

**Email:** [visa@bfsu.edu.cn](mailto:visa@bfsu.edu.cn). If you have already entered the country, please come to the Overseas Students Affairs Office with your passport for consultation.



### 3.Climate

#### Temperature and Precipitation

- Overall: four distinct seasons, with hot and rainy summers, cold and dry winters, and short springs and autumns.
- Spring: The highest temperature is up to 26°C and the lowest is -6°C, with an average temperature of 3°C-13°C. The total rainfall is 46mm with 12 raining days on average.
- Summer: The highest temperature is 31°C and the lowest is 17°C, with an average temperature of 18 °C -28 °C . The total rainfall is 124mm with 12 raining days on average.
- Autumn: The highest temperature is 26°C and the lowest is -6°C, with an average temperature of 15°C-25°C. The total rainfall is 93mm with 10 raining days on average.
- Winter: The highest temperature is 14°C and the lowest is -16°C, with an average temperature of -1°C-8°C. The total rainfall is 21mm with 6 raining days on average.

#### Notes

- In winter, please pay attention to keep warm due to the coldness and you'd better wear a facial mask when you go out.
- In summer, you'd better bring rain gear with you in case of thunderstorms and rain and stay safe.
- Overall: Beijing is quite dry, so pay attention to moisturizing. Windy weather is common, so please pay more attention to the wind alert.

### 4.Transportation

#### ( 1 ) Subway

The subway supports scanning codes for travel. Passengers need to scan the code when entering the station after security check and scan it again when exiting the station, totaling two scans.

#### Subway ride payment apps include:

Alipay (Payment service activation requires binding a Chinese bank card)



Yitongxing (Supports binding bank cards, Apple Pay, Alipay, WeChat Pay, etc.)





## ( 2 ) Bus

Bus rides support scanning codes for travel. Generally, passengers scan the code once when boarding and once when alighting, totaling two scans.

Bus Ride Payment Apps include: Alipay (Payment service activation requires binding a Chinese bank card); Yitongxing (Supports binding bank cards, Apple Pay, Alipay, WeChat Pay, etc.); Beijing Yikatong (Supports binding WeChat Pay and other payment methods), etc.

Same as above for details.

### West Gate of the East Campus

#### ①Weigong Qiao Bus Stop



#### ②WeiGongCun Lu XiKou Bus Stop



### East Gate of the East Campus

#### WeiGongCun Bus Stop





## West Campus

### Suzhou Qiao Nan Bus Stop



### ( 3 ) Bicycles and Electric Bikes

In the bustling city of Beijing, riding bicycles and electric bikes is also a good choice for transportation. If you don't have your own vehicle, you can choose shared bikes. Shared bikes are provided by companies at campuses, subway stations, bus stops, residential areas, commercial areas, public service areas, etc., offering bicycle sharing services through a time-sharing rental model. It is a new type of environmentally friendly sharing economy. You can unlock them by scanning a QR code with your phone and pay the rent online. It's important to note that shared bikes are not allowed on the campus of BFSU. Please park the bikes at designated parking spots outside the campus.

### ( 4 ) Ride-Hailing Applications

- **Gaode:** Gaode Dache has integrated with numerous travel service platforms nationwide, providing various vehicle types such as taxis, economy cars, comfort cars, business cars, and luxury cars, as well as services for instant hailing, reservations, airport transfers, and designated hailing. With Gaode Dache, users no longer need to download, install, and register multiple ride-hailing apps. Its innovative aggregation mode makes it more convenient to use. One-click to make ride-hailing for various vehicle types on multiple platforms simultaneously helps users get a ride faster, reducing waiting time during peak travel time. The value of aggregation platforms is highlighted when it's difficult to hail a cab during peak travel time.
- **DiDi:** DiDi Chuxing is a one-stop travel platform covering taxi services, tailored cars, DiDi fast ride, ride-sharing, designated drivers, and buses. Compared to traditional phone call hailing and street hailing, DiDi Dache integrates online and offline services, allowing online payment of ride fees.
- **CaoCao Zhuanche:** Caocao Zhuanche is an Internet+ new energy travel service platform, dedicated to the field of "Internet+ travel", integrating services such as new energy car travel and new energy car time-sharing rentals, and providing users with a safe, convenient, low-carbon, and high-quality one-stop travel solution.
- **Meituan Dache:** Meituan Dache meets the needs of platform users and provides users with a one-stop "everything you need" service experience.



**\*Precautions:** Keep wary of fake taxis and unlicensed taxis. Here are three tips to distinguish "fake taxis":

(1) "Fake taxis" can only imitate the appearance of regular taxis but cannot clone the card-swiping and ticket-printing devices of regular taxis. Therefore, "unlicensed taxi" drivers always insist passengers pay in cash. When taking a taxi, it's better to ask if the vehicle accepts transportation cards or check if there is any relevant information posted on the driver's rear fender.

(2) "Fake taxis" use fake receipts. If passengers find that the receipt name does not match the company logo on the ceiling light or the body of the car, the vehicle is likely to be counterfeit.

(3) Regular taxis have the driver's personal information and operating license posted on the front passenger seat and are stamped with the company's official seal. "Fake taxis" generally do not have this information.

## 5. Medicare Insurance

### Insurance

Foreign students are required to purchase the group comprehensive insurance designated by our university. Students who fail to purchase insurance as required will not be allowed to proceed with the enrollment registration procedures. Students can purchase insurance on the day of registration. The insurance fee is 400 RMB per semester or 800 RMB per year.

## Medical Services

When you are not feeling well, you can seek medical treatment at the university hospital or nearby hospitals. Surrounding BFSU, there are hospitals like Haidian Hospital in Huangzhuang, Traditional Chinese Medicine Hospital in Xiyuan, and in the urban area, there are prestigious hospitals such as Peking Union Medical College Hospital, Beijing Hospital, China-Japan Friendship Hospital, and Tongren Hospital, which are all large comprehensive hospitals. You can choose different hospitals according to your needs.

One thing to note is that since BFSU requires all international students to have medical insurance, you must pay special attention to the scope and usage methods of your medical insurance when seeking medical treatment. Before seeking medical treatment, you should contact the insurance company you are insured with and inquire about the usage methods and precautions of your medical insurance in China and Beijing. You shall strictly follow the relevant terms of the insurance contract and clarify any details, such as whether outpatient fees are reimbursable.



## Hospitals Nearby

### 1. BFSU Hospital

- Beijing Foreign Studies University Hospital
- Address: Behind Building NO.6 of the international Student Dormitory in the West Campus
- Telephone: 010-88816979
- Opening Hours: 8:00 -12:00; 14:00 -17:00 (Emergency services available 24 hours)

\*Note: Registration for medical treatment at the university hospital needs the **BFSU student card**.

\*For more information, please follow the official WeChat account of the university hospital: "BFSU Health ABC(北外健康ABC)"



### 2. Haidian Hospital

- Address: No.29 Zhongguancun Street, Haidian District, Beijing. It is 3 kilometers from BFSU. Take bus 944 to Haidian Huangzhuang Station for direct access.
- Telephone: 010-82619999 ; 010-62583004
- Grade: Grade II Class A

### 3. Peking University People's Hospital

- Address: No.11 Xizhimen South Street, Xicheng District, Beijing. Take bus 634 to the terminal station.
- Telephone: 010-88326666
- Grade: Grade III Class A

### 4. Peking University Third Hospital

- Address: No.49 Huayuan North Road, Haidian District
- Emergency Call : 010-62751919; Telephone : 010-82266699
- Grade: Grade III Class A

### 5. Peking Union Medical College Hospital

- Address: No.1, Shuaifuyuan, Dongcheng District (East Branch); No.41, Damucang Hutong, Xicheng District (West Branch)
- Telephone: 010-69156114 ( Switchboard )  
010-114 ( Appointment )  
010-65296114 ( East Branch )  
010-88068177 ( West Branch )
- Grade: Grade III Class A

## 6. Beijing Hospital

- Address: No.1, Dahua Road, Dongdan, Dongcheng District
- Telephone: 010-85132266(Switchboard); 010-65282171(Consultation)
- Grade: Grade III Class A

## 7. China-Japan Friendship Hospital

- Address: No.2, Yinghuayuan East Street, Chaoyang District
- Telephone: 010-84205566 ( Switchboard ) ;  
010-84205288 ( Consultation ) ; 84205253 ( Clinic )
- Grade: Grade III Class A

## 8.Beijing Friendship Hospital (Beijing Friendship Hospital, Capital Medical University)

- Address: No.95, Yong'an Road, Xuanwu District, Beijing.
- Telephone: 010-63016616 (Consultation);  
010-63040910 (Appointment);  
010-63014411 (Switchboard)
- Grade: Grade III Class A

## 9. Beijing Tongren Hospital

- Address: No.1, Dongjiaomin Xiang, Dongcheng District
- Telephone: 010-11616669
- Grade: Grade III Class A

**Beijing Emergency Center: Call 120 or 999**

## 6.Communication

### ( 1 ) SIM Card

China's three major telecommunications companies are: China Mobile, China Telecom, and China Unicom.

**How to Apply for a SIM Card:** SIM cards in China are subject to real-name registration. International students can bring their passports to China Mobile/China Telecom/China Unicom stores to apply for a SIM card and activate a plan. On the day of registration, international students can apply for a China Mobile SIM card on site with their passport. There are no service halls on the BFSU campus, but nearby halls at Beijing Institute of Technology or Central University for Nationalities are available.

**Mobile Data:** The data included in the plan can be used nationwide (excluding Hong Kong, Macau, and Taiwan).

**Directed Data:** Directed data is limited to specific mobile applications.

**Important Notes :** There are various types of mobile plans in China. Generally, mobile plans include domestic voice calls and nationwide data (excluding Hong Kong, Macau, and Taiwan). Additional charges will be taken for extra voice calls or data. Nationwide data (excluding Hong Kong, Macau, and Taiwan) can be purchased separately. During the back-to-school season, student plans are available, providing a total of 40GB of data.

\*SIM cards are compatible with various types of mobile phones.

\*The majority of the BFSU campus is covered by WIFI, with high-speed internet access. Therefore, there is few need for mobile data on campus.



## ( 2 ) Social Software: WeChat

- Registration: Registering for a WeChat account requires binding a mobile phone number. Each mobile phone number can only register one WeChat account.
- "WeChat ID": Friends can find you by entering your WeChat ID and then add you as a friend. After registering for a WeChat account, a unique WeChat ID will be automatically generated. The WeChat ID is the unique credential for the account. Under the condition of no security risks, it can be changed once a year.
- Adding Friends: Scan the QR code of the user or enter the WeChat ID.
- Official Accounts: Many convenient services and campus announcements can be obtained through official accounts. Each college at BFSU has its official account where students can browse teaching information, activities, and refer to scores and curriculum arrangement. The official accounts of international student organizations and clubs provide activity notification, club dynamics, member recruitment announcements, and functions such as registration, ticket purchase, voting, etc., for related competitions, performances, and activities. There are also organizational official accounts, such as "BFSU Library ( 北京外国语大学图书馆 )", providing services such as reservation of study rooms, collection inquiries, and lecture announcements.

## 7. Consumption

## ( 1 ) Foreigner Bank Account Opening

To use the consumption services of WeChat, Alipay, and other Chinese software mentioned below, it is necessary to link the student's bank account opened in China. International students can bring their passport, visa, real-name authenticated Chinese phone number, foreigner residence registration form, proof of enrollment, student ID, and other relevant materials required by the bank to open an account. Banks providing foreigner account opening services include China Construction Bank, Agricultural Bank of China, Industrial and Commercial Bank of China, etc. For specific details, please call the bank's consultation hotline for inquiries.

## ( 2 ) WeChat

**Payment & Receipt:** To use WeChat's payment and receipt functions, real-name authentication is required. Users who do not hold a mainland Chinese ID card must bind a bank card before using WeChat's payment and receipt functions. (Note: Not all bank cards can be bound to WeChat.)

### **WeChat Payment Process:**

1. Open "Me" at the bottom of the screen, then go to "Services" and "Money" to display the payment code.
2. Click the "+" in the upper right corner of the main interface, then "Scan" to scan the merchant's QR code, and use facial recognition/input password to make payment. (Please note: Pay attention to protecting your payment password.)

**Balance:** "Balance" represents the funds in a user's WeChat account. Red packets and transfers received will go into the balance, which supports recharge, withdrawal, and payment functions. (Credit card cannot be recharged by balance.)

### ( 3 ) Alipay

**Opening Alipay:** To open an Alipay account, real-name authentication is required. Users who do not hold a mainland Chinese ID card must undergo real-name authentication on the network interface using valid identification documents, and then bind a bank card.

#### **Alipay Payment Process:**

1. On the main interface, click "Scan" to scan the merchant's QR code, then use fingerprint recognition/input password to make payment.
2. On the main interface, click "Pay" to display the payment code for payment. (Please note: Pay attention to protecting your payment password.)

**Huabei:** Huabei is a consumer credit product. After opening an account, users will receive a consumer credit limit ranging from 500 to 50,000 yuan. When making purchases, users can advance the Huabei credit limit and enjoy the "shop now, pay later" shopping experience.

**Alipay Account Balance:** The Alipay account balance represents the funds in the user's Alipay account. Transfers received and other transactions will be deposited into the account balance, which supports recharge, withdrawal, and payment functions. (Credit card recharge by the account balance is not supported.)

**Account Balance Inquiry:** On the Alipay homepage, click "Fortune" at the bottom and then "Total Assets" to check the account balance.

### ( 4 ) Banks Nearby

#### **Outside West Campus:**

China Construction Bank (Beijing Foreign Studies University Branch):  
1st Floor, East Hall, BFSU International Building, No. 19, West Third Ring Road, Haidian District.

#### **Outside East Campus:**

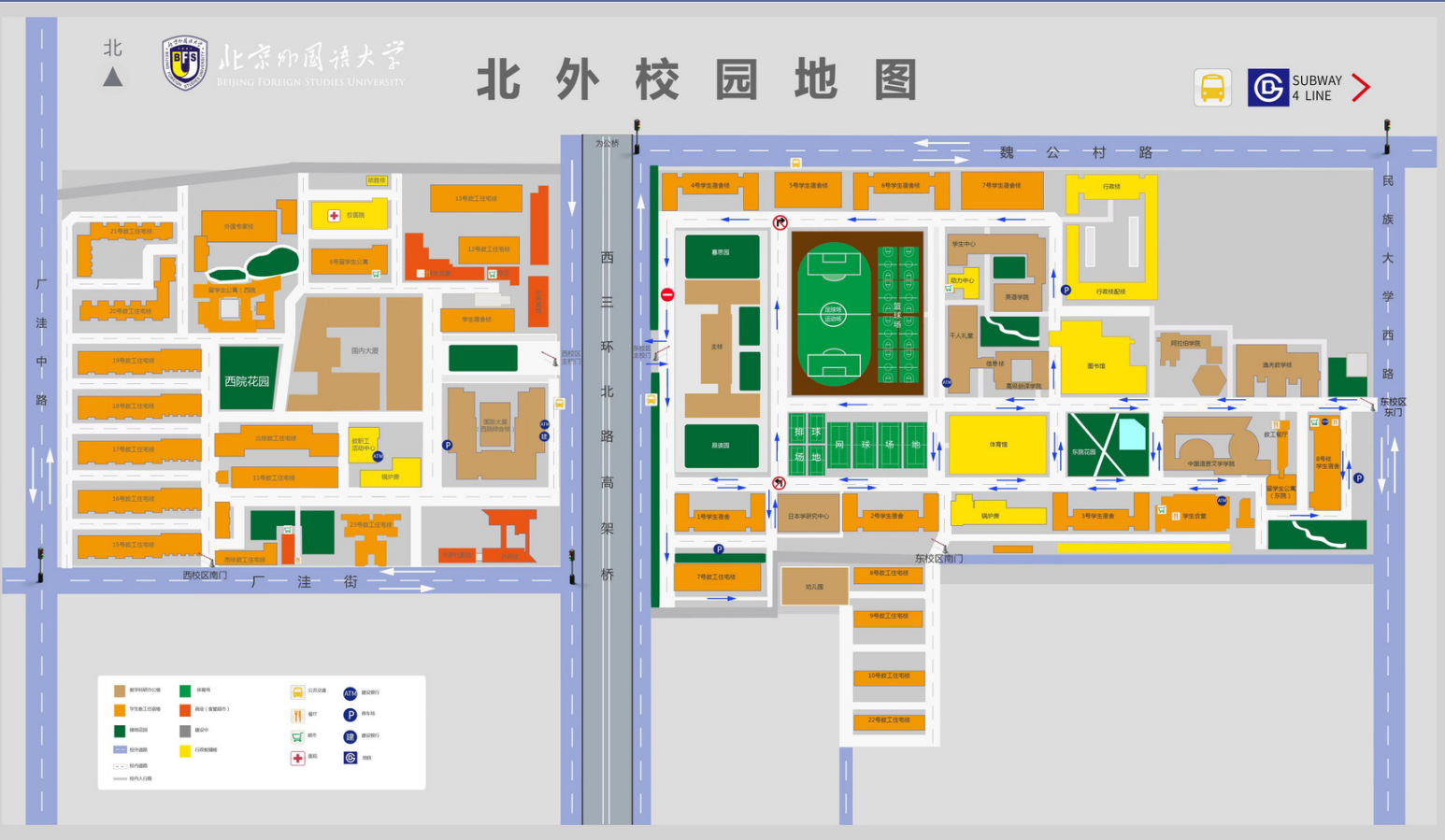
Industrial and Commercial Bank of China (Beijing Weigongcun Branch):  
1st Floor, Building 2, Weibohao Homeland, No. 1 Weigongcun Street, Haidian District (near Zhongguancun South Street).

### ( 5 ) ATM

- Cultural Plaza (East Campus): China Construction Bank, Industrial and Commercial Bank of China, Everbright Bank, Bank of Beijing
- Underground JD Supermarket (East Campus): China Construction Bank
- Student Canteen in the East Campus: Bank of Beijing
- Outside the Foreign Language Teaching and Research Press Building: Bank of Communications
- South side of the International Building (West Campus): China Construction Bank



# Campus Life



## 1. School Gate Opening Hours

### East Campus

West Gate: Open all day

South Gate: Open from 6:30 a.m. to 11:30 p.m. (Motor vehicles not allowed)

East Gate: Open from 6:30 a.m. to 11:30 p.m. (Motor vehicles without a school permit not allowed)

### West Campus

East Gate: Open all day

South Gate: Open from 6:30 a.m. to 11:30 p.m. (Motor vehicles without a school permit not allowed)

## 2. Water, Electricity & WIFI

### ① Water

It should be emphasized that the water from the taps in Beijing is not drinkable. There are many water heaters in the dormitory buildings that provide direct drinking water.

In addition, you may also rent a water dispenser in exchange of a deposit fee (100 RMB, refundable upon return). JD Supermarket provides water delivery service. You can call 010-88817999 and provide the necessary information, and they will deliver to your room. The price of a barrel of drinking water is 15 RMB (for reference only).

### ② Electricity

Electricity is provided free of charge in the dormitories within certain limits (the exact amount is notified by the Residence Center and is approximately 40-60 kWh). If you need more electricity, you can buy extra electricity from the reception desk.

### ③WIFI

To connect to the campus WIFI, you need to register at the Information Technology Center in the East Campus. Please be sure to bring your passport and student card with you. The monthly fee is 30 RMB (for reference only), allowing unlimited internet access for one month. If you are concerned about continued charging during vacation, you can register at <https://mynet.bfsu.edu.cn> to pause the service. It's important to note that you can only connect a maximum of two devices simultaneously.

- **WIFI Name:** BFSU
- **Account number:** Student ID
- **Password:** “Digitalized BFSU” Login Password

## 3.Student Card

After registration, every student will receive a student card. Besides being a necessary tool for your study and life, the student card is also an important identification for students at school. It can be used to buy food in the canteen and on-campus stores, and is the only credential for entering and exiting the library and borrowing books from the library. It can be recharged at the machines, which are set up on the first floor of each dormitory building, on the first floor of the canteen, on the first floor of the Main Classroom Building, and at the Student Service Center.

If your student card is accidentally lost, you can first report the loss (which can be operated on “Digitalized BFSU”) to protect your property. Then, you can go to **the Card Service Center in the Information Technology Center in the East Campus or the Card Replacement Machine** at the entrance of the underground supermarket to have it replaced.

\*Notes: the opening hours of the Card Service Center are 9:00 - 17:00 from Monday to Friday; the cost of card replacement is 30 RMB per card.





## 4. International Student Dormitories

There are five different overseas student dormitories across the East and West campuses: Guojiao Building, Bailou, Building No.6, and Guonei Building No.5 & No.6.

### East Campus

**Guojiao Building:** Nearby facilities include the East Campus Canteen, laundry, and printing shop. There is a tranquil garden on the south side.

Telephone: 010-88817800.

### West Campus

**Bailou:** Adjacent to the Foreign Expert Building, offering a quiet environment.

Telephone: 010-88817778.

**Building No.6:** Located south of the school hospital, adjacent to the West Campus Canteen.

Telephone: 010-88818842.

**Guonei Building No.5&No.6:** Located at the far west of the Guonei Building, adjacent to the Bailou Building.

Telephone: 010-88818842.

## 5. Shopping

### ( 1 ) On-Campus Shopping

There are three supermarkets serving daily shopping needs in both the East Campus and the West Campus.

#### ① Underground JD Supermarket

Located on the basement floor of Building 8, it is the largest supermarket in BFSU. In addition to snacks, stationery, and daily necessities, it also provides services such as glasses fitting, computer repair, and printing, which are very convenient!

Operating Hours: 8:00 – 23:00

#### ② Tangdi Supermarket

Located on the south side of Building 7, opposite the school playground, where you can purchase food and daily necessities. It's very convenient for those who want to buy food or water after exercising in the gym or on the playground.

Operating Hours: 8:00 – 23:00

#### ③ West Campus JD Supermarket

Located near the south gate of the West Campus.

Operating Hours: 7:00 – 22:30

## ( 2 ) Off-Campus Shopping

### ① Weigongcun Shopping Area

Wuxing Supermarket: Heading north from the East Gate of the East Campus, you will quickly find it, mainly selling daily necessities.

CSF Market : Heading south from the East Gate of the East Campus, at the first intersection, head east for 1–2 minutes, you will find a variety of goods.

### ② Zhongguancun Shopping Area

Take bus 944 (or Yuntong 109), or subway line 4 to Haidian Huangzhuang/ The Gate City Mall/ Oumei Hui Shopping Center.

### ③ Xizhimen Shopping Area

Take bus 563 or subway line 4 towards Xizhimen to CapitaMall.

### ④ Xidan Shopping Area

Take subway line 4 to Xidan and you'll arrive at Xidan Joy City/ Xidan Shopping Center/ Galeries Lafayette.

## ( 3 ) Online Shopping



Taobao



Tmall



JD



Pinduoduo



#### ( 4 ) Delivery & Mail

- **East Campus Express Station:** Located at the east gate of the East Campus, adjacent to the Halal Canteen. The food delivery cabinet is also there.
- **West Campus Express Station:** Jinlinbao, in the front of Building No.19.
- **East Campus Receiving Address:** East Campus, Beijing Foreign Studies University, No. 2 W. Third Ring Road, Haidian District, Beijing.
- **West Campus Receiving Address:** West Campus, Beijing Foreign Studies University, No. 19 W. Third Ring Road, Haidian District, Beijing.
- **Postal Code:** 100089

#### **Mail Room:**

Location: Room 124, 1st floor of the Main Classroom Building, East Campus

Pickup Time: Weekdays 8:00—11:00; 14:00—17:00

\*Friendly reminder: Registration materials, printed items, appointment for registered mail, remittance form, bank card, EMS require signature upon receipt.

## 6. Dining

### Dining On Campus

In the campus canteens, you can savor delicacies from various regions of China and also experience some international cuisines. Each canteen provides takeout services, with almost every counter equipped with plastic containers and disposable chopsticks (additional fee for takeout). You can also bring your own lunch box to get your food packed at the counter.

Furthermore, there are three coffee shops on campus: Dangle Coffee (located underground north of the East Campus gym), Manner Coffee (next to the underground supermarket on the East Campus), and Luckin Coffee (inside the West Campus FLTRP Bookstore), offering a variety of coffee drinks, cheesecakes, croissants, and other snacks. Vending machines and self-service coffee machines are available in the main building, Chinese building, Yifu building, SEIS building, and International building. Various imported snacks can be found in the underground supermarket near the East gate, while there are also some small restaurants outside the East and West gates. In addition, three new restaurants have opened inside the West Campus: Chinese restaurant Fu Jiang Nan, Hai Di Lao and Western restaurant YUM YUM.

## Canteens

### ① Student Canteen

Located near the Guojiao Building on the East Campus, it has four floors, each with its own specialties.

Floors one and two offer basic meals, striving to provide students with a high-quality dining experience at relatively affordable price. Floors three and the basement floor feature a variety of flavors, aiming to meet students' diverse dietary needs. Students can choose from flavors of different regions of China or experience dishes from other countries.

#### Opening Hours

1st and 2nd floor

Breakfast 6:30-8:30

Lunch 10:50-12:50

Dinner 16:50-18:50

3rd floor and the basement

Non-stop Operation 7:00-20:00

### ② Halal Canteen

Open to all faculty and students, it is located on the first floor of Building No.8, to the left of the East Gate entrance. It specializes in halal food and is now also popular among many Chinese and international students.

#### Opening Hours

Breakfast 6:30-8:30

Lunch 10:50-12:50

Dinner 16:50-18:50

### ③ Staff Canteen

Located near the Chinese building on the East Campus, it is open to students except during weekday lunch hours (Monday to Friday). The food and noodles are excellent and reasonably priced, and free egg drop soup is also provided. In the morning, the Staff Canteen also offers sandwiches, burgers, sausages, fried eggs, coffee, milk, etc. Those who enjoy Western-style breakfast should not miss it.

#### Opening Hours

Breakfast 7:00-9:00

Lunch 10:50-13:00 ( open to students only on weekends )

Dinner 17:00-19:30

### ④ West Canteen

The West Canteen is in the West Campus and there are two floors.

#### Opening Hours

1st floor

Lunch 10:50-13:00

Dinner 16:50-20:00



2nd floor

Breakfast 6:50-8:30

Lunch 10:50-13:00

Dinner 16:50-19:00

Takeout

Takeout is also a very good option, as you can choose to have delicious food delivered directly to various school gates or the takeaway cabinets at the East Gate. Takeout platforms offer a wide variety of meal delivery services, making online ordering and payment very convenient. You only need to download the mobile app or use the WeChat mini-program, and you can also choose different delivery locations and time as needed. By clicking on various restaurants, you can also browse pictures of the dishes. Below are recommended apps to download:



Meituanapp



Elemeapp

7. Facilities (Gym, Library, Print Shop, Laundry, Barber Shop)

Gymnasium

The on-campus gymnasium offers a wide range of facilities, including fitness clubs, swimming pools, table tennis courts, and badminton courts. Membership card can be purchased at the gym front desk.

体育馆各场馆对外开放时间

时间 项目	周一至周五	周六日
网球场、球类馆	12:10—13:10 17:00—22:00	10:00—22:00
健身房	12:00—22:00	10:00—22:00
游泳馆	12:10—13:10 17:30—19:20 20:10—22:00	10:00—12:00 14:00—16:00 17:00—19:00 20:00—22:00
总服务台	10:00—22:00	

注：健身、游泳每场次结束前 30 分钟停止入场，请您选择好时间购票。每学期会根据学生课程安排，调整开放时间，请您及时关注动态。

Price of Different Venues

人员类别 Tariff category		本校统招生 Unified entrance students	本校教职工 University staff	其他人员 Others
运动项目 Event				
乒乓球 Table tennis		6 元/时	15 元/时	40 元/时
羽毛球 Badminton	普通时段 (Off-peak hours)	14 元/时	30 元/时	80 元/时
	黄金时段 (Peak hours)	30 元/时	40 元/时	100 元/时
网球 tennis	普通时段 (Off-peak hours)	15 元/时	20 元/时	80 元/时
	黄金时段 (Peak hours)	60 元/时		120 元/时
健身房 Fitness club	单次消费 (Once)	15 元/次	25 元/次	50 元/次
	月卡 (one month)	158 元	250 元	420 元
	季卡 (three month)	238 元	390 元	660 元
	半年 (half a year)	400 元	650 元	960 元
	年卡 (one year)	600 元	980 元	1450 元
游泳馆 Swimming pool	单次消费 (Once)	8 元/次	18 元/次	50 元/次
注: 1. 乒乓球、羽毛球和网球消费请先办理体育馆储值卡, 持卡消费。 For table tennis, badminton and tennis reservations, please consume with your Gym center per-paid card which can be purchased at the reception.  2. 办卡须另付 10 元卡费。There will be a 10 yuan charge of making the card.  3. 羽毛球、网球黄金时段: 周一至周日 14:00—22:00 Badminton, tennis hall peak hours: Monday to Sunday 14:00—22:00				

\*For venue reservations and other details, please follow the "BFSU Gymnasium( 北外体育馆 )" WeChat official account.

Library

The library is opposite the small pond in the East Campus. It is open from Monday to Sunday, from 7:30 to 22:30. The opening hours may vary during holidays, and notification will be posted on "Digitalized BFSU" or the library's official WeChat account ("北京外国语大学图书馆"). The library occasionally holds lectures. The library's website is lib.bfsu.edu.cn, where you can search for book-related information and borrow books by their call numbers, and return them within the specified period.

There are five floors in the library, each housing different categories of books and resources.

- **The first floor** has Chinese and foreign newspapers and some precious multilingual books.
- **The second floor** is the Chinese book lending area, also featuring some special collections on the dissemination of Chinese culture overseas.
- **The third floor** is a treasure trove for English majors. It houses collections from American, Australian, British, and Canadian research centers, as well as English reference books that may be helpful during writing exams.
- **The fourth floor** is the multilingual book lending area, especially suitable for students interested in languages such as Japanese and French.
- **The fifth floor** is the Global Multilingual Teaching Materials Resource Center, which also contains BFSU graduate doctoral theses.



Book Borrowing Rules

读者类型	借书 (册)	续借 (次)	预约 (册)	借阅限制
教师	30	2	3	不限
博士生	30	2	3	不限
硕士生	20	2	3	不限
本科生	20	2	3	不限
职工	10	2	3	不限
退休人员	5	2	3	不限

\*The borrowing period is 30 days, so don't forget to return them on time! If you haven't finished reading by the due date, you can renew them at the self-service lending and returning machines on each floor (each book can be renewed twice). Failure to renew on time will result in overdue fees and a suspension of borrowing.

Print Shop

Nearby the JD Underground Supermarket in the East Campus

Opening Hours: 9:00 — 22:00

On the basement floor of the Student Service Center on the East Campus

Opening Hours: 9:00 — 22:00

Laundry

Washing machines are available in the dormitory buildings and can be used with Alipay. Additionally, there are dry cleaners on the basement floor of the Student Service Center and in the West Campus.

Barber Shop

Barber Shop in the East Campus

Location: Opposite to Dormitory Building No.8 in the East Campus

Opening Hours: 9:00 — 21:00

Barber Shop in the West Campus

Location: Next to the West Canteen, below the Overseas Student Apartment

Opening Hours: 9:00 — 21:00

# Study at BFSU

## 1. Self-Study Locations

- **Library:** Offers over 2000 reading seats, 18 study rooms, and cultural leisure spaces such as an academic lecture hall, academic seminar hall, training classrooms, exhibition hall, and a teachers' lounge.
- **Yifu Building:** Vacant classrooms are announced on the screen in the lobby on the first floor. Open from 7:00 AM to 11:30 PM.
- **The building of School of Chinese Language and Literature:** Study rooms include the lobby on the first floor and some classrooms in the building. Open from 7:00 AM to 11:00 PM.
- **Twelve Large Classroom:** Located on the east side of the Student Service Centre, these tiered classrooms are available for 24-hour self-study, but the regular opening hours are from 7:00 AM to 11:30 PM. For 24-hour study needs, you can reserve at the security office in the Administration Building before 11:00 PM on the same day.
- **Danglv Café:** Suitable for leisure, discussion, soft reading, and online classes. Open daily from 10:00 AM to 9:30 PM.
- **Small Gardens:** Includes the small pond, garden of School of English and International Studies, garden beside the Arabic Building, Morning Reading Garden, and Evening Reflection Garden behind the Main Classroom Building. The open outdoors and tranquil gardens are perfect for reading aloud.
- **Empty Classrooms:** Vacant classrooms in the Main Building, School of English and International Studies, Arabic Building, and West Comprehensive Building can also be used for self-study, but you must adhere to the usage time posted by the Academic Affairs Office. The daily self-study room arrangement can be found on the "Quick Self-study" Wechat Mini Program.

## 2. Campus Information Tracking

### ( 1 ) Follow “留学北外” WeChat Official Account

The platform publishes information on overseas student activities at BFSU, notifications from the Overseas Students Affairs Office, and provides necessary and helpful guidance and services for overseas students.



留学北外

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公布北京外国语大学国际学生活动资讯，留学生办公室工作通知，相关规章制度、政策法规，拓展学生与大学间交流渠道，为国际学生提供必要而有益的指导与服务。

### ( 2 ) Follow “北京外国语大学学生会” (Student Union) WeChat Official Account

Important campus information will be released on this platform, including cultural and sports activities, film screenings, study activities, etc. The public account provides a study room inquiry service. Enter "自习" in the chat box to obtain the schedule of self-study rooms for the day.



北京外国语大学学生会

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北京外国语大学学生会 (The Student Union of Beijing Foreign Studies University) 官方公众号平台。关注北京外国语大学学生会，学生之家，师生之桥，干部之校。



( 3 ) Follow “SICAxBFSU” WeChat Official Account

SICA (Students' International Communication Association) is a leading organization for foreign exchange associations at BFSU, with numerous international student resources and activities. Following this platform allows you to learn about relevant activities for international students on campus and sign up to participate.



北京外国语大学SICA国际交流协会是北外对外交流类社团的领航者，有众多的留学生资源以及留学生活动，欢迎各位看官关注并加入我们，让我们一起为我们的大学生活添加更多的风采

3. Association List

社团名称	社长	邮箱	手机
SICA国际交流协会	陈可钰	1487707993@qq.com	15707069081
向树环保社	种洋	1036765459@qq.com	18731813259
校史馆志愿者协会	王芊烨	2031312605@qq.com	18810899281
北外电影协会	李卓骏	237301930@qq.com	18801210260
北京外国语大学戏曲协会	魏一鸣	w2022040608@163.com	13351982562
自强社	李明举	l779792533@163.com	18909405452
北外歆墨书画协会	金小婷	2904471307@qq.com	18058226885
职业生涯发展协会	李轩宇	2673939669@qq.com	18811775062

北外青年安全协会	李欣芮羽	stillwater2022@163.com	18908769028
北京外国语大学校友交流服务协会	马佳钰	2935020064@qq.com	15530172359
创客俱乐部	吕晨曦	3241595449@qq.com	13805940939
BWusical音乐剧社	潘佳颖	pjy20031024@126.com	13396823055
北外红十字会	申滢玮	2684243031@qq.com	18275335368
北外心理协会	罗靖哲	735295690@qq.com	15285347889
北京外国语大学招生宣传协会	陈牧	1915423709@qq.com	13522350240
北外相声社	杨若怡	yry0831@bfsu.edu.cn	15243372716
北外爱乐现代音乐协会	赵可骧	904740001@qq.com	15313133173
北外广播台	卢祉旭	alshurug@163.com	13844447195
砺冰汉服社	刘雨霏	fionafey@qq.com	17610286906
北京外国语大学校辩论队	纪博韬	1372921783@qq.com	15315015407
北外丽泽法律社	傅家琦	fujiaqi5035@163.com	15973214071
说唱社	初炫林	384016990@qq.com	18561869177
爱心社	蔡晓彤	13026242595@163.com	13026242595
北京外国语大学跆拳道协会	鲁荣升	2941129633@qq.com	18214348627
北外咨询俱乐部	曹昕睿	caoxinrui0820@163.com	15004099536
北外口译与跨文化传媒工作室	祁子桢	2547845217@qq.com	15534039303
北京外国语大学模拟联合国协会	李欣潼	3514329603@qq.com	010-88817822
BFSU百万蘑菇跑团	刘畅语	1625433463@qq.com	19910719326
北京外国语大学商务谈判队	张乘榛	20080078@bfsu.edu.cn	18838287509
桌游棋牌社	张晓芃	2718880841@qq.com	15960841605
北外太极拳协会	褚宁幸	13809314078@163.com	13811648800
My wing动漫社	申浩煜	akarill@163.com	15701364579
北外摄影协会	王瑞煊	1649942117@qq.com	15313138991
北外飞盘社	孔维文	kevincon0422@outlook.com	13681556124
丝绸之路青年学社	孟周翔	Mengzx2021@163.com	13520222765
北外乒乓球协会	任尔荣	renerrong@gmail.com	( 010 ) 88816255
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北外记者团	黄莹	2901661190@qq.com	13459252868

Note: The directors of student clubs change annually. The contact information above is only applicable for the academic year 2023-2024.

4. Office List

( 1 ) Overseas Students Affairs Office

Address: 201, 2F, Student Service Centre, East Campus  
Telephone: 010-88816549

( 2 ) Service Centre of Dormitory

Address: 1F, Bailou Building, West Campus  
Telephone: 010-88816881

( 3 ) Information Technology Centre

Address: 1F, Information Building, East Campus  
Telephone: 010-88816665

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